



## Bananas and Plantains

### Dwarf Cavendish

Even though the Dwarf Cavendish banana plant grows into a dense banana grove, the Cavendish banana fruit is delicious and very popular to buy in grocery stores. The Cavendish Banana tree grows to 7 feet in the Southeast with leaves that measure, one foot wide and 5 ft. long. This South American banana tree grows 7 ft. tall and produces commercial quantities of large bunches of medium sized fruit for grocery chains. The Cavendish Dwarf Banana Tree produces a tasty, sweet banana that you can grow right in your own backyard!.

### Double Mahoi

Double Mahoi is a sport or mutation of the common Dwarf Cavendish, and grows similarly. Musa 'Double' is also called 'Mahoi', the second generation produces multiple branches of fruit. They regular produce 2 heads, it is rare but they have been known to produce more. The sweet fruit is highly rated, and it can be very productive. This is a rare and unusual Musa.

### Dwarf Red

This fruiting banana has a red skin! Just watching the bananas ripen is a delight as the skin changes from yellow-green to orange to dark red. The yellow flesh is sweet, full flavored. In the landscape, Dwarf Red is a beautiful plant with its bright red trunks and shiny green leaves. Growing to only 5-7 feet, Dwarf Red is a good choice for small yards and as a container plant. Zones 8-11.

### Dwarf Puerto Rican Plantain

'Dwarf Puerto Rican' is a dwarf plantain. The heads of fruit are a little larger than the original Plantain bearing seven to nine hands of fruit. The shorter trunks of the dwarf plantains are thicker than the tall ones and because of this the 'Dwarf Puerto Rican' is more resistant to the wind and rarely falls over from the weight of its own fruit. It is widely grown in Puerto Rico for its taste and cooking qualities. The majority of plantains grow tall, 'Dwarf Puerto Rican' is an exception. It is resistant to Panama Disease.



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Double Mahoi



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